BIENVENUE / WELCOME



Competition Dates:

March 20 - March 22, 2026

2026 QUEBEC, QC
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AGENDA

1. Key Competition Leaders
2. Pool Information
3. Draws/Results
4. Judging
5. Taping Notes
6. Alternate/Scratch Sheets
7. Coach Card Changes prior to Events
8. Coach Card Feedback after Events
9. Protests
10. Pool Map & Competition Flow
11. Questions?

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ARTISTIC SWIMMING | NATATION ARTISTIQUE

KEY COMPETITION LEADERS

Chief Referee:	Erika Lindner
Chief Scorer:	B'Ann Finlay
CAS Competition Director:	Lauren Whiteley
CAS COO:	Stéphane Côté
Judging Platform Leader:	Mike Morris
Production Partner:	Integrated Sport Systems

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CANADIAN CHAMPIONSHIPS
CHAMPIONNATS CANADIENS
ARTISTIC SWIMMING | NATATION ARTISTIQUE

POOL & VENUE INFORMATION

POOL INFORMATION

Centre Aquatique Desjardins – PEPS de l'Université Laval
2300 De la Terrasse St,
Québec City, QC G1V 0A6

POOL SPECS

Competition Side: 25m x 25m x 3m
Warmup Side: 25m x 25m x 3m-2.6m

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CANADIAN CHAMPIONSHIPS
CHAMPIONNATS CANADIENS
ARTISTIC SWIMMING | NATATION ARTISTIQUE

POOL & VENUE INFORMATION

DECK PRIVILEGES

All Coaches must have proper accreditations on them at all times, and will be expected to have the proper level of certification as per rule 4.7 a): Coach eligibility is as per the current CAS Coach Registration and Certification Policy as posted on the CAS website on the Bylaws & Policies page.

SECURITY & HEALTH SERVICES

Trained Lifeguards will be on deck at all times during the competition.

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CANADIAN CHAMPIONSHIPS
CHAMPIONNATS CANADIENS
ARTISTIC SWIMMING | NATATION ARTISTIQUE

POOL & VENUE INFORMATION

RULES FOR GELLING

We ask that clubs consider doing gelling and de-gelling at the hotel whenever possible. Absolutely no de-gelling in the pool will be tolerated.

RULES FOR STRETCHING & LAND DRILL

No land drill up in the long walkway overlooking the pool

WHERE TO EAT

Dining area can be found on the main floor – follow facility signs

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DRAWS & RESULTS

- All Draws will be posted in the Sportity App.
- If you have not downloaded the app, it can be found in the App Store or Google Play Store on your phone
- Sportity code is **CUASL2026**
- All Results will be posted in the Sportity App and emailed to coaches by our Chief Scorer.

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CHAMPIONNATS CANADIENS
ARTISTIC SWIMMING | NATATION ARTISTIQUE

JUDGING

Routine judging panels will consist of:

- Elements Panel of 5 judges
- Artistic Impression Panel of 5 judges
- Difficulty Technical Controllers (3)
- Synchronization Technical Controllers (3)

(The Referee and the Evaluators reserve the right to adjust judging panels as needed)

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CANADIAN CHAMPIONSHIPS
CHAMPIONNATS CANADIENS
ARTISTIC SWIMMING | NATATION ARTISTIQUE

JUDGING

Team Prelims and Finals scores will be aggregated, weighting Prelims at 35% and Finals at 65%, to create a Championship score to determine final results.

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CANADIAN CHAMPIONSHIPS
CHAMPIONNATS CANADIENS
ARTISTIC SWIMMING | NATATION ARTISTIQUE

JUDGING

- Difficulty and Synchronization Technical Controllers will alternate sides of the pool between event blocks.
- You will see TC evaluations by element at the end of the swim. This is our first time doing it, so please be patient.

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CANADIAN CHAMPIONSHIPS
CHAMPIONNATS CANADIENS
ARTISTIC SWIMMING | NATATION ARTISTIQUE

TAPING NOTES

* Not required anymore*

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CHAMPIONNATS CANADIENS
ARTISTIC SWIMMING | NATATION ARTISTIQUE

ALTERNATE/SCRATCH LISTS

- Alternate & Scratch Lists will be posted on the wall behind the scoring table
- Please remember the two-hour rule to list your alternates for all events if you have not done so on your Club Rosters
- Any last-minute scratches due to injury or unforeseen circumstances will be at the discretion of the Referee. (Please come talk to me if you have any situations that come up with your athletes)

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CHAMPIONNATS CANADIENS
ARTISTIC SWIMMING | NATATION ARTISTIQUE

COACH CARD CHANGES

MEDICAL ISSUE

Clubs who need to change a coach card because of a medical issue that prevents them from performing a routine as per submitted coach card will be allowed to change their coach card up to two hours before the start of a session (when events are grouped together, like AdAS Solo Tech and Senior and Junior Solo Tech on March 18, for example, they are considered as a single session starting at the time of the first event). These changes will need to be approved by the event Chief Referee.

2026 QUEBEC, QC
CANADIAN CHAMPIONSHIPS
CHAMPIONNATS CANADIENS
ARTISTIC SWIMMING | NATATION ARTISTIQUE

COACH CARD CHANGES

CHANGES BETWEEN PRELIMS & FINALS

Clubs will be allowed to change their coach cards between prelims and finals but will need to respect the deadlines. Note that if you don't upload a new card for finals, we will just use your card from the preliminary event.

There will be no exceptions to the deadlines: the Dropbox timestamp will be used to determine submission time and anything over the deadline will be disregarded.

In the case of CUASL 2026, this only applies to Novice and Experienced Team events.

Please make sure to sign the sheet by the scorer table to make sure we are aware you are making a change and uploading a new card.

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CANADIAN CHAMPIONSHIPS
CHAMPIONNATS CANADIENS
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COACH CARD CHANGES

LAST RESORT DESPARATION MOVE

Clubs who want to change coach cards for reasons other than the 2 above will be allowed to do so no later than 20:00 EDT the night before an event, but will be required to pay a $100 fine to do so.

Clubs going for the last resort desperation move are required to inform the Referee, a scorer or the Competition Director by the deadline.

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CANADIAN CHAMPIONSHIPS
CHAMPIONNATS CANADIENS
ARTISTIC SWIMMING | NATATION ARTISTIQUE

COACH CARD CHANGES

CHANGE PROTOCOL

New coach cards will always need to be submitted by:

1. Informing the competition director, scorer or referee of your intent to resubmit;
2. Uploading to Dropbox via your file request link, and;
3. Confirming your submission by email to Lauren and B'Ann.

File names should NEVER be changed from the names given by the ISS Coach card software.

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CANADIAN CHAMPIONSHIPS
CHAMPIONNATS CANADIENS
ARTISTIC SWIMMING | NATATION ARTISTIQUE

COACH CARD FEEDBACK

Coaches can come see the Chief Referee following each event block for basemark information.

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CANADIAN CHAMPIONSHIPS
CHAMPIONNATS CANADIENS
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PROTESTS

Any Protest of a Routine must be verbally communicated to the Referee within 5 minutes of the event/session ending. In the absence of this verbal notification no written protest shall be accepted.

The Referee will give coaches a protest form to fill out which coaches must return within 30 minutes together with the $200 cash payment per base mark/ major synchronization error protested.

***Please note the only accepted form of payment for a protest is cash.**

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CANADIAN CHAMPIONSHIPS
CHAMPIONNATS CANADIENS
ARTISTIC SWIMMING | NATATION ARTISTIQUE

PROTEST PROCEDURE

1. The protest shall be reviewed by a Review Panel will be composed of the Lead Technical Controller from the event being protested, the Referee (or their designate), and a National Technical Controller who was not acting as a TC on the event

2. The lead Technical Controller of the applicable panel shall identify to the Review Panel the element in question and explain the error made so that the Panel is informed as to what they are reviewing. The Review Panel shall review the video a maximum of 2 times in slow motion if technology permits, or a maximum of 3 times at normal speed otherwise and make a decision based on what was reviewed.

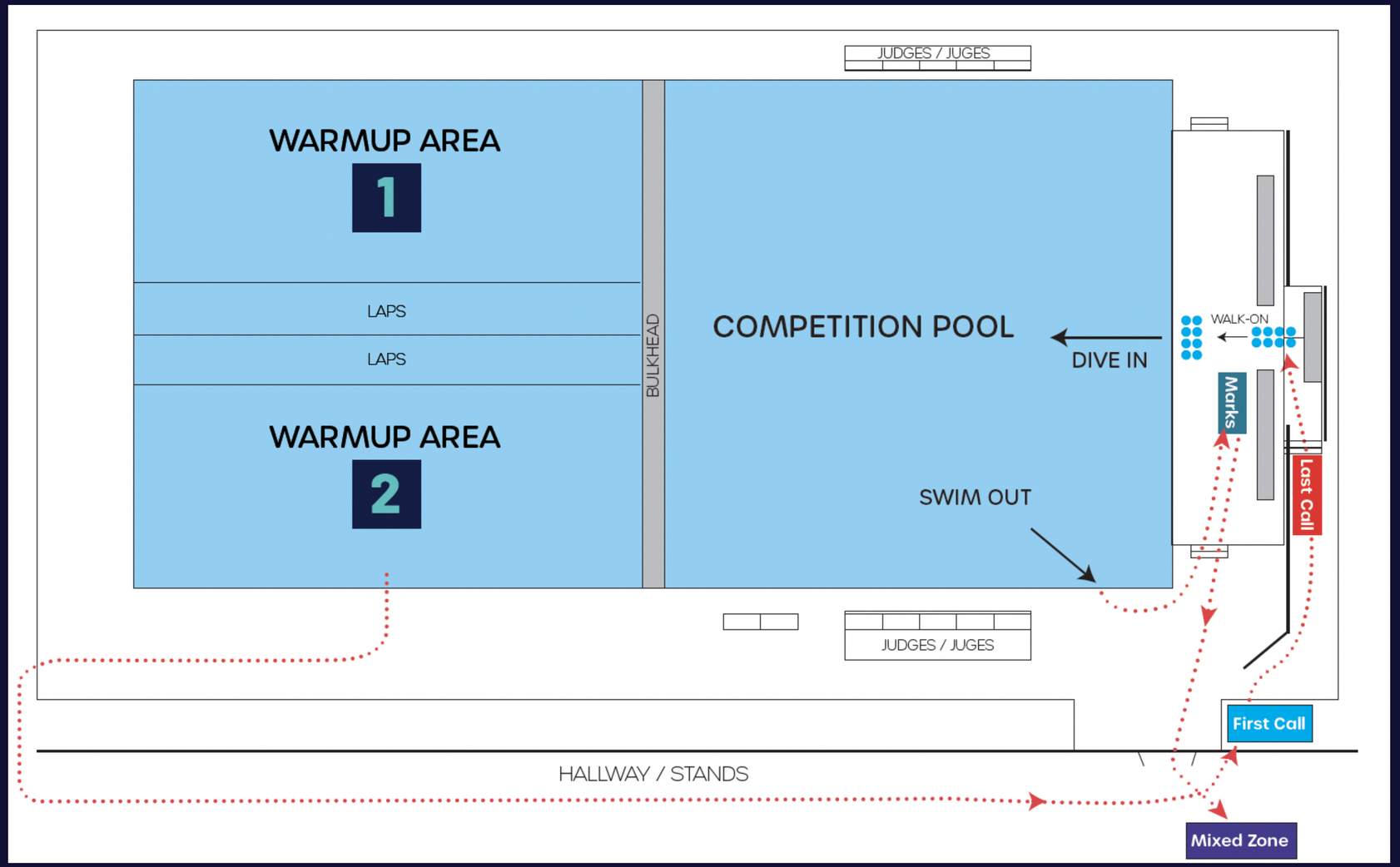
3. At this time the Referee will speak to the coach and inform them of the decision.

4. The decision will be final and non-appealable.

5. In the case of a successful protest the $200 will be returned to the club protesting.

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CANADIAN CHAMPIONSHIPS
CHAMPIONNATS CANADIENS
ARTISTIC SWIMMING | NATATION ARTISTIQUE

POOL MAP



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CANADIAN CHAMPIONSHIPS
CHAMPIONNATS CANADIENS
ARTISTIC SWIMMING | NATATION ARTISTIQUE

COMPETITION FLOW NOTES

Benches will be set up in the stage area for athletes to wait for their scores following their routine.

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CANADIAN CHAMPIONSHIPS
CHAMPIONNATS CANADIENS
ARTISTIC SWIMMING | NATATION ARTISTIQUE

QUESTIONS?